



Chilgrove Community Hub Survey Findings

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About Chilgrove Community Hub

Chilgrove House is part of the Arun Community Engagement Project and was launched in April 2022 with a range of new activities chosen by local people. Chilgrove Community Hub is open to everyone, the space can be used to meet socially, exercise and gain help and support from the Arun Wellbeing team and other local charities and community groups.

The aim of Chilgrove Community Hub is to support local communities and residents in the following ways.

- Support communities to recover and reinvigorate from effects of coronavirus pandemic and associated health inequalities, including wider social determinates of health such as social isolation, cultural and economic challenges, by getting people together.
- Tackle health inequalities by offering opportunities that support healthier lifestyles.
- Increase community resilience to identified harms including exploitation from criminal activity.
- Identify potential partners to work alongside to help build a strong and sustainable local community.

Introduction

The Bersted and Chilgrove Community Hubs survey aim was to capture and better understand the views, current needs, issues, concerns, and barriers local residents and their families experience in accessing the Chilgrove Community Hubs and living in Arun District.

The survey was live from mid-January to mid-February 2023 and has been fully or partially completed by 90 people – 46 respondents attended the Bersted Community Hub, and 18 respondents attended the Chilgrove Community Hub. A further 26 responses were received from people who do not attend either community hub.

Please note this report summary is for the **Chilgrove Community Hub** only. Chilgrove Community Hub has around 150 regular users the survey was completed by 18 users a response rate of 12%. It is realised this is a small sample size to be regarded as statistically the views of the majority who attend Chilgrove Community Hub. However, it does provide a good indication of the needs, concerns, and barriers to accessing the hub and living in Arun District for users. Importantly this information will enable the development of an action plan in the short to medium term.

We would like to **'thank'** all of the local residents who completed the survey, and shared their stories, to support this work.

Summary

This report is based on the responses for the Chilgrove Community Hub. Many responders shared how welcoming, friendly and supportive they find the Community Hub, with staff going above and beyond for those who attend. The services and activities provided by the Family Support Work provided a lifeline for many families.

There are a wide range of activities used by local residents from bingo, crafts, coffee and chat, foodbank, clothing bank, wellbeing sessions, and clubs.



Dropped by for a chat to lift my mood.

Services responders would like to be able to access include: a specific toddler group, drop in by housing officer, access to computers, indoor table tennis, school holiday clubs, evening quiz.



More services for families.

The factors that would enable responders to join an activity include health issues, time of day for the activity, evening groups, and transport.

The responses show a decrease (self-rated) for those who use the hubs in emotional, mental health prior to and current time. There was some positive movement in very good and some movement in good, fair, and poor for emotional areas.

The responses show some movement in physical health prior to and current time for those using the hubs. Shows positive movement in very good and fair and movement in good and poor areas.

Over half of respondents answering the isolation and loneliness questions stated they lacked companionship (n11), felt left out of things (n7), and felt lonely, isolated, or socially excluded (n9). The 3 Item Loneliness Scale 2004 indicates from the responses a rate of 4 – least likely to be lonely and isolated. However, this scale is best used at several points of contact.

Respondents (n9) shared the things they do to increase their resilience so that they feel less lonely, isolated, or socially excluded. Many joined groups, met with friends, volunteered, and went to Chilgrove House and talked.

Confidence and motivation responses to going out, socialising, and joining groups, are low for no and low confidence (n9) motivation (n8). The survey responses for these areas were investigated and a mixture of wider determinants could be impacting such as, time of day of activities, health issues, safety issues, high levels of crime and anti-social behaviour in the local area. Definitely an area that needs to be monitored.

*The wider determinants of health are a diverse range of social, economic, and environmental factors which influence people's mental and physical health. [Public Health England](#)

Living in the Arun District

Just under half of responses (n7) stated they have concerns living in the Chilgrove area of Arun District. Respondents cited messy areas, safety issues, anti-social behaviour, increased crime, and housing issues.



The Chilgrove hub is a positive for the area and the enthusiasm of the staff is wonderful.

From the responses to: What matters living in the Arun District was local church groups (n8), community and voluntary groups (n6), and shopping (n5).

Responders also shared that the area looks untidy, it never used to, the Council don't care about Wick. So much litter and more fly tipping.

The cost-of-living question was answered by 16 people who shared how this was affecting them and their families. A number reported they are coping, others are having to cut back, some are not using heating as much and the food banks are supporting many. We are having to start 'watching the pennies', whereas we have never had to do that. Trying to cut back on food shop but still very expensive. The Community Fridge at Chilgrove is a life saver every Wednesday.

5 respondents stated they needed support. The type of support needed is financial, emotional, help with personal care, food provision, support in the home to remain independent.



Currently have large overdrafts and financial worries.

Summary of responses from those who do not attend Chilgrove or Bersted Community Hubs

The survey received 26 responses from people living in the Arun area who do not currently attend a community hub. Over half of responders are aged between 50 and 75 years (n16).

17 responders are not aware of the activities provided by the hubs.



I feel I'm just outside the area of the people who normally use the hub.

-

Don't know what it offers.

-

What is a hub?

Services responders would like to know more about, access to computers, open access to community food provision, antenatal classes, do not know what is already happening.

In answer to the factors that would enable responders and their family to attend included someone to go with, knowing more about it, location as travelling is time consuming.

Living in the Arun District

Over half of responses (n16) stated they have concerns living in the Arun District. Respondents cited messy areas, safety issues, anti-social behaviour, increased crime, and housing and infrastructure issues.



Roads are busy and I wouldn't feel comfortable travelling out in the evenings on my own.

From the responses (n25) to: What matters living in the Arun District was accessible spaces (n6), shopping (n5), cafés (n3), and green open spaces (n3).



I like to keep myself fit; it helps me feel good with myself.

-

3G football facilities for my children to play on.

The cost-of-living question was answered by 25 people who shared how this was affecting them and their families. A number reported they are coping, others are having to cut back, some reported limiting heating. I miss meals myself to make sure the kids eat. Really hard to go to the fridge and food bank. Leaves little cash for going out and about.

Two respondents stated they needed support. The type of support needed is financial, access to food, help with heating bills, social care needs and accessibility maintenance.



No local family.

-

Step high to front door.

Next Steps

The Chilgrove Community Hub opened in April 2022 and has been well received by local people and the wider community. This is having a positive effect for those accessing the facilities offered. The location and size of the building is proving to be challenging due to the expanding footfall of the local community. Families and children make up the bulk of the clientele, but exercise classes are provided for all ages.

Things to consider going forward:

- Longer and more accessible opening hours.
- Publicity and increased awareness of the services provided with bold clear posters and flyers.
- Additional support from partners and stakeholders to other venues in the area in order to grow the timetable and reach a wider area of Wick.
- Working with the Arun District housing and cleansing to support with fly tipping and the 'untidy' feel of the area.
- Also collaborating with the local police and the local antisocial behaviour team to encourage the reporting of antisocial behaviour and criminal activity.
- Increase knowledge and confidence of where to signpost and connect with others to provide appropriate support and assistance.

There will be two hosted social events at Chilgrove house, the first on the 26th April the first 'birthday party' and a second in August themed as a free play day. Invitations will be sent to partners and a range of activities, refreshments, and encouragement of an 'open day' approach. Ideas and suggestion will be encouraged from local community members.

Before publishing this in draft report, it will be shared with

- The Safer Arun Partnership to consider actions about community safety and anti-social behaviour issues raised.
- Arun Local Community Network to inform the creation of opportunities and to build integrated partnership working to improve health inequalities as informed by respondents.
- These findings and next steps will inform future services.

Appendix A Chilgrove Community Hub survey in detail

20% (n18) of people responded about the Chilgrove Community Hub. The main age of responders 19 and younger (n1), 20-34 (n2) 35-49 (n8), 50-65 (n2), 66 -74 (n2) and 75 and over (n3).

The main areas of the Arun District responders live is BN5 (n1), BN17 (n13), BN18 (n1), BN 22 (n1), PO20 (n1), and PO22 (n1)

Responders reported they: worked full time (n1), part time (n6), retired (n4) unemployed (n5), are a student (n1) and one person did not respond to the question.

Other comments received about Chilgrove Community Hub fell into the categories of, staff, venue, and Family Support Work.

About the staff

Very warm welcome.....for all ages.

Absolutely amazing and so well needed here. Belinda and the team are fantastic, and my kids love going there every week, they look forward to it.

As someone who goes regularly, I love the work Belinda -who goes above and beyond for those who attend -puts towards the hub. The kids in the community love it and there's a variety for things for those in all age groups.

Belinda and all the volunteers are just amazing, so friendly, welcoming, and easy to talk to.

About the venue

Friendly and useful.

Great atmosphere and always a warm welcome.

Kindness and genuine care offered, as well as practical help.

Very friendly lovely atmosphere. I attend a fitness class on a Tuesday and wish there could be more.

The place and people are a lifeline.

Needs interior updating and decluttering.



Everyone is so welcoming. Belinda is amazing and makes my son feel very welcome. He comes back with lots of exciting stories about what he has been up to and games that he has played. It's an amazing hub to have in the community.

-

Its lovely to meet new people and people I haven't seen for a long time.

Family Support Work (FSW)

I like to visit the hub as there is something for everyone and gives the parents a brake.

Responses to the question about activities provided at the hub. (n14 fully aware, n4 aware and n0 unaware).

Activities used by respondents and their families.

General activities	Bingo (n4), Art and crafts.
Coffee and chat	Coffee and chat. (n1)
Food and clothing bank	Food bank (n2), Clothing bank, Community Fridge. (n2)
Wellbeing sessions	Chair exercises, Fitness class (n1), Happy feet, Sit2fit.
Clubs	Caterpillar sensory Club (n1), Play and cook! After school clubs.

- Jacqui is my Rock!
- The food table they provide makes it possible for me to feed my family three meals a day.
- Dropped by for a chat to lift my mood.
- I attend Caterpillar club every Friday morning with my 8-month-old son while on maternity leave.
- Love the fitness class but know there is lots of advice available for health and personal problems.
- Yes, my son attends art club on a Thursday as and when he can. He is generally a very quiet child but attending the hub has made him a bit more confident.
- I visit the Community Fridge when I can, and Belinda makes me a cup of tea and biscuits.

Respondents (n12) suggestions for services and activities they would like to have at Chilgrove community hub.

A toddler group as they provide a sensory group, but my daughter is too old for that group.

Access to computers. Internet safety for vulnerable people so they can try & understand how dangerous it is talking to strangers online etc.

An ADC Housing officer available to ask questions to?

Indoor table tennis

Maybe an evening quiz night to raise funds for the hub.

Film club. (n1)

Coffee morning to replace Age UK.

- A social club for special needs adults so they have a safe space to meet & socialise in a safe way.
- More services for families, exercise group.
- If FSW could do afternoon e.g., 12-2pm on a different day please.
- No, I'm too old and going blind.

In answer to the factors that enable respondents (n8) and their family to attend activities the following was cited.

- Already attending
- Transport is difficult for me. (n1)
- Location is perfect. (n2)

One logistic comment was received.

- Bingo would help starting a bit earlier and finish in time for people to do the school run.

The main barrier for respondents (n18) in attending services and activities were reported as: Nothing (n10), Health issues (n3), Day and time of day of the meeting (n2).

One person stated: I believe all of the groups are during the day when people work. Maybe a couple of evening groups may be beneficial to the hub. Another stated: I go when I'm feeling up to it.

Emotional, mental, and physical health

18 respondents self-rated their emotional and mental health prior to attending Chilgrove Community Hub.

Excellent	4	Very Good	1	Good	3
Fair	4	Poor	4	Prefer not to say	2

Respondents self-rated their emotional and mental health currently:

Excellent	4	Very Good	↑5	Good	↓1
Fair	↓3	Poor	↓2	Prefer not to say	↓3

This shows positive movement in very good and some movement in good, fair, and poor areas.

Respondents (n18) self-rated their physical health prior to attending the Community Hubs and currently.

Excellent	4	Very Good	2	Good	4
Fair	2	Poor	5	Prefer not to say	1

Respondents self-rated their physical health currently.

Excellent	4	Very Good	↑4	Good	↓3
Fair	↑5	Poor	↓1	Prefer not to say	1

This shows positive movement in very good and fair and movement in good and poor areas.

These four questions are showing some reduction in emotional, mental, and physical health for those who use the Chilgrove Community Hub services and activities. However, it should be noted that this is a small statistical sample.

Isolation and Loneliness

To gauge isolation and loneliness respondents were asked to self-rate (n18) against three questions, based on the University of California, Los Angeles (UCL) 3 item Loneliness Scale (2004).

1. How often they have felt a lack of companionship?
2. How often do you feel left out of things?
3. How often do you feel lonely, isolated, or socially excluded?

These questions measure three dimensions of loneliness: relational and social connectedness and self-perceived isolation.

Using the following coding to measure: Never =0, Hardly ever = 1, Some of the time = 2, and Often= 3.

Based on the responses received the value is 4 indicating least likely to be lonely and isolated. However, this scale is best used at several points of contact with an individual.

<---- Least likely 3,4,5 -6,7,8,9 Most Likely ---->

	Q1	Q2	Q3	
Never	5	7	5	These responses show that over half 61%, (n11) felt they lack companionship, with 39%, (n7) feeling left out of things and 50% (n9) feeling lonely, isolated, or socially excluded some of the time or often.
Hardly ever	2	4	3	
Some of the time	9	6	7	
Often	2	1	2	

17 responses were received highlighting the resilience and proactive responses that help individuals feel less lonely, isolated, or socially excluded?

Yes	9	No	8
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¹<https://aims.uw.edu/care-partners/sites/default/files/UCLA%20Loneliness%20Scale.pdf>

Some of the thing's respondents (n8) stated they have done include:

Joined groups

- Joined a group.
- I meet up with college friends once a month and we go out for a group dinner. I help around the hub. I babysit when possible.
- Visiting the Bersted Hub.
-

Volunteered

- Volunteering (n2)
-

Meeting people

- Joined fitness club
- I went to Chilgrove House and talked.



How often do you feel you lack companionship? Not now that I go to Chilgrove. How often do you feel left out of things. Never as I have made new friends at Chilgrove. How often do you feel lonely, isolated, or socially excluded I go to Chilgrove 4 times a weeks now, so NEVER! Have you done anything to help you feel less lonely, isolated, or socially excluded. I go to Chilgrove.



Confidence and Motivation Levels

How confident responders (n17) feel now to go out, socialise or attend a group?

1 No confidence	2	3	4	5 Full confidence
1	3	5	4	4

How motivated responders (n17) feel now to go out, socialise or attend a group?

1 No motivation	2	3	4	5 Full motivation
1	1	6	4	5

It is interesting when comparing these responses as to how aligned the results are. With 24% (n4) no or low confidence and 12% (n2) no or low motivation.

The survey responses for this area were investigated and the result could be due to, health issues (n3), having to go alone to activities, time of day of activities, (n2). But could also be the effect of wider determinants as shown below. This is definitely an area that needs to be monitored.

Living in the Arun District

This part of the survey was about living in the Arun district. Seven responder stated they had concerns about the local area, which fell into the following categories.

Messy areas	Safety issues
<ul style="list-style-type: none"> Children in groups, they throw things in our garden. I think they are trying to smash our windows. But because we don't catch them in the act, there is nothing we can do about it. Messy areas. Fly tipping, the bins. Flat hallways should have cleaners, since Mrs Brighton Housing Officer left, the tenants don't bother to clean. 	<ul style="list-style-type: none"> The youths that hang around and cause trouble, bullying, drugs. Recently heard numerous reports regarding the local area and crime. High levels of crime and anti-social behaviour. Concerned about alleyway being used for storage by unknown resident.

- I feel it is the forgotten part of Littlehampton. The area round Highfield is always strewn with rubbish. I don't know of any street cleaners come here. Cars are allowed to park on grass verges and pavements. There is a lot of fly tipping on the area. The Chilgrove hub is a positive for the area and the enthusiasm of the staff is wonderful.
- Makes me feel unsafe.

Responders (n17), were asked a multiple entry question, what matters to them living in the Arun District?

Community or voluntary groups	6	I like to attend church.
Shopping	5	It looks untidy, it never used to, the Council don't care about Wick.
Access to rubbish bins	2	So much litter and more fly tipping. It's getting worse now.
Seating areas	1	All of these things are needed to make a thriving community.
Local church groups	8	I believe the more community groups that are around and accessible to a range of ages will help the unruly kids hanging about the streets.
All of the above	1	

- Talking and sharing experiences with others is important so I feel I'm not alone in my situation.
- We have no place to shop except the Works.

16 respondents shared how the current Cost of Living issues were affecting them and their family.

How coping	Personal examples
<ul style="list-style-type: none"> • The government look after us very well. • We manage. • Affecting a bit. • It's not effecting us as much as we thought since it is only my Nan and I, who is on a state pension and receives deals for electricity and gas. • A lot. • It is causing hardship and generally struggling day to day. • Currently ok. 	<ul style="list-style-type: none"> • It's awful quiet shocking, frankly. • You have to cope and cut back. • Everyday life. Trying to cut back on food shop but still very expensive. • Badly. It is extremely hard to make ends meet. • Skint and struggling. The Community Fridge at Chilgrove is a life saver every Wednesday. • We buy less food; we don't go out socially which is a change. We keep an eye on the smart meter all day. • We're having to start 'watching the pennies' whereas we never had to do that. Everyday life, trying to cut back on food shop but still very expensive. • Bought house in 2022 and the rise in living costs is extremely worrying. Less disposable income and increased working hours.

5 respondents stated they needed support. The type of support needed was financial, emotional, help with personal care, food provision, support in the home to remain independent.

- My daughter comes in twice a week to run the Hoover round and does any jobs that need doing.
- Financial.
- Emotional support and help with personal care.
- Use community fridge.
- Attend Community and church run groups to reduce childcare costs.
- Currently have large overdrafts and finance worries.

More About Responders

Gender (n18)	Is your gender different to the sex that was assigned to you at birth? (n18)
Male (n2)	Yes (n2)
Female (n15)	No (n16)
Non-binary (n1)	

Ethnic background (n18)	Religion or beliefs (n18)
White British (n18)	Christian (all denominations) (n8) No religion (n10)

Sexual orientation (n18)	Considered disabled, as set out in the Equality Act 2010 (n5)
Asexual (n1)	Yes (n4)
Gay (n1)	Prefer not to say (n1)
Heterosexual (n13)	Carer, have a disability or a long-term health condition. Please tick all that apply.
Lesbian (n1)	<ul style="list-style-type: none"> • Yes, I consider myself to be a carer (n6) • Yes, I consider myself to have a disability (n1) • Yes, I consider myself to have a long-term condition (n4) • None of the above (n8) • I'd prefer not to say (n1)
Prefer not to say (n2)	

Appendix B

Responses from those who do attend either Community Hub in detail.

29% (n26) people answered the survey who do not currently attend either community hub. The main age of responders was 20-34 (n2) 35-49 (n8), 50-65 (n9), 66 -74 (n6) and 75 and over (n1).

The main areas of the Arun District responders live is BN16 (n1), BN17 (n13) and PO19 (n1), PO20 (n1), PO21(n6), PO22 (n3),

Reported they: full time (n8), unemployed (n5), retired (n5), worked part time (n3), seeking work full-time (n3), seeking work part-time (n2).

Comments about the Community Hubs.



I feel I'm just outside the area of the people who normally use the hub.

-

Didn't know what it offers.

-

I live in Littlehampton.

-

Wasn't aware of the Bersted Green Hub.

23 responses to the question about activities provided at the hubs. (n2 fully aware, n4 aware and n17 unaware)



A friends and her son attend a baby group there.

-

I'm partially blind, lack vision, no transport, only accesses by scooter local distance, Need BIG print. Arthritis. Attend several groups" better transport!

-

Wasn't aware of the Hub services or activities.

-

We direct people to use services there. e.g., citizens advice.

Services respondents suggested they would like to have or know more about.

- | | |
|--|---|
| <ul style="list-style-type: none">• None I can think of.• Access to computers• Exercise• Open access Community food provision.• Maybe antenatal classes? I know that they don't have many in the areas.• No not time to attend. | <ul style="list-style-type: none">• What is the hub?• Don't know what there is already happening?• Can't think of any at present. Working full time with teenage children I have very little spare time.• Parent support groups, play sessions, parent learning opportunities, fun workshops with children and the whole family. |
|--|---|

In answer to the factors that enable respondents and their family to attend activities the following was cited.

- Been part of the click that normally use it as I feel like I'm an outsider that doesn't belong there.
- Someone to go with.
- Our child is at school, and I teach so also work school hours and some. Perhaps the holidays?
- Knowing more about it. Not aware of the hub.
- Information about activities.
- Time of day.
- Local Monday afternoon, Weds pm. (n2)
- The location is key as travelling around Bognor & Chichester is just so busy and time consuming to go anywhere.
- Knowing when they are happening so that I can schedule a regular attendance and having things on that don't cost a lot of money, is of my family's interest.

Living in the Arun District

This part of the survey was about living in the Arun district. With responders (n16) stating they have concerns. Comments identified: safety issues, anti-social behaviour, drug dealing, environment issues, and lack of infrastructure for new housing.

There were a number of supporting comments that detailed these concerns:

Anti-social behaviour	Safety issues
<ul style="list-style-type: none"> • Anti-social behaviours, drug dealing in full view and associated unacceptable behaviours. • Poor area. • Speeding down Clun Road. • Cars parked and not taxed or insured. • Too much smell of cannabis not good for my health. • Cannabis everywhere and drugs. (n2) 	<ul style="list-style-type: none"> • Groups of men hanging around drinking alcohol and being loud and leaving broken glass. • Run down and tatty. E.g., the closed loos by St Barn anbas on north street. Broken windows, rubbish is awful. • Poor conditions of council housing. • Town kids misbehaving. • Messy and kids causing issues.

- Roads are busy and I wouldn't feel comfortable travelling out in the evenings on my own.
- Flooding, transport, housing, traffic, connections with people.
- Lack of Police! None seen unless in an emergency.

Environmental concerns	Dog owners
<ul style="list-style-type: none"> • Lack of shops. • Increased home building without increased infrastructure. 	<ul style="list-style-type: none"> • Owners let dogs run lose, don't have on a lead when out walking, dogs seen lose!

Responders (n25), were asked a multiple entry question, what matters to them living in the Arun District?

Accessible spaces	6	Anywhere I can make friends.
Shopping	5	Like to keep myself fit, it helps me feel good with myself.
Cafes	3	Easy access to services. Somewhere to park close by.
Green open spaces	3	Nothing in town and it's all Arun District Council's fault.
Sports/gyms	2	Shops in town are awful, no reasons to go in.
Community or voluntary groups	2	
Access to rubbish bins	1	Much better facilities and engagement with the drug dealers needed.

- Seating more available. New pavement Littlehampton loss of seating. Loss of ramps to access shops on my Buggy/scooter! By car park back of Sainsburys.
- 3G football facilities for my children to play on.
- I love praying to God.
- It is harder to go straight from Guide Hall as there is a step by Vaping Shop. May there are 2 banks closing, less holes to obtain cash, only Sainsburys and Post office, I have difficulty walking! Machine can be out of action. Cash needed for clubs I attend!
- All the current 3G pitches are booked up. We do not have enough 'all weather' pitches in the ARUN district and this will be an increasing issue with the amount of new housing in the area.
- Bingo hall would be good.

25 responses to the question about how the current Cost of Living issues were affecting them and their family.

How coping	Personal examples
<ul style="list-style-type: none"> • Badly, I have given up smoking. But I'm still worst of then I was. I wrap myself and kids up, to keep warm but unfortunately it doesn't always help. I miss meals myself to make sure the kids eat. I can't get them new shoes when they need but could last year even while smoking and eating. • Really hard go to fridge and food bank. • It hasn't but notice cost. • Bills have gone up, mainly noticed for fuel and food but affordable. • Everything getting more expensive, and my pension hasn't gone up in line. • Leaves little cash for going out and about and doing activities and visits. • A lot, increased Council rent, loaf of bread £2.20 etc., I have to pay for a cleaner, taxi cost increased WIFI increased. 	<ul style="list-style-type: none"> • Increased fuel bills, increased food bills, increased petrol, = badly. Not being able to put the heating on when I feel cold- has to be limited to a couple of hours a days - turned thermostat down lower. • 75p for a small cucumber for example, £4 for a box of After Eights! Watching butter double in price. • Energy bills are a worry. My monthly gas/ electric bills have doubled since October, but my wages haven't increased. We have to watch every penny and cut back on everything. • We have a limited budget and need to make that stretch further which means we have to be more savvy when food shopping, have had to cut back on family activities, days out, and some of the nicer things to have like an ice cream or hot chocolate when out.

Two respondents stated they needed support. The type of support needed financial, access to food, help with heating bills, social care needs and accessibility maintenance.

- LARGE print.
- Buggy electric charger point is external, door open front 5hrs while charging.
- No local family. Son Canada. Steps high to front door.
- Heating bill help.
- Help from Age UK before you are 80....
- Provision of more food... for food banks... more places to get food coming to the end of their life cycle...
- Community supermarket provision- providing stigma free food.

More About Responders

Gender (n24)	Is your gender different to the sex that was assigned to you at birth? (n21)
Male (n5)	Yes (n2)
Female (n17)	No (n19)
Non-binary (n1)	
Prefer not to answer (n1)	

Ethnic background (n24)	Religion or beliefs (n21)
White British (n21)	Christian (all denominations) (n13)
Asian or Asian British (n1)	No religion (n6)
White and Black Caribbean (n2)	Prefer not to say (n2)

Sexual orientation (n42)	Considered disabled, as set out in the Equality Act 2010
Heterosexual (n16)	• Yes (n5)
Prefer not to say (n6)	• No (n17)
Other (please specify) (n1)	

Carer, have a disability or a long-term health condition. Please tick all that apply

- Yes, I consider myself to be a carer (n0)
- Yes, I consider myself to have a disability (n12)
- Yes, I consider myself to have a long-term condition (n6)
- None of the above (n14)
- I'd prefer not to say (n3)



Talk to us

If you have questions about the content of this report, please either call 0300 012 0122 or email cheryl.berry@healthwatchwestsussex.co.uk

How this insight will be used?

We recognise that all health and care services are under pressure at this time and have had to adapt their ways of working. We will share this report with the local NHS, Local Government, and other providers to help them understand where things are working well and services are adapting to meet peoples' needs, and to help them identify any gaps. We see this as a continuation of discussions taking place and will continue to use this fresh insight and the solutions presented to challenge for a better future.

For help, advice, and information or to share your experience

We also help people find the information they need about health, care and community and voluntary health and care support services in West Sussex.

Here to help you on the next step of your health and social care journey



You can review how we performed and how we report on what we have done by visiting our website www.healthwatchwestsussex.co.uk

Healthwatch West Sussex works with **Help & Care** to provide its statutory activities.



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West Sussex