### Urgent care in North East London



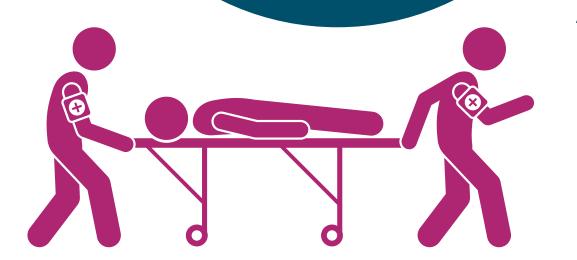
Comments received by Healthwatch between October 2021 and February 2023

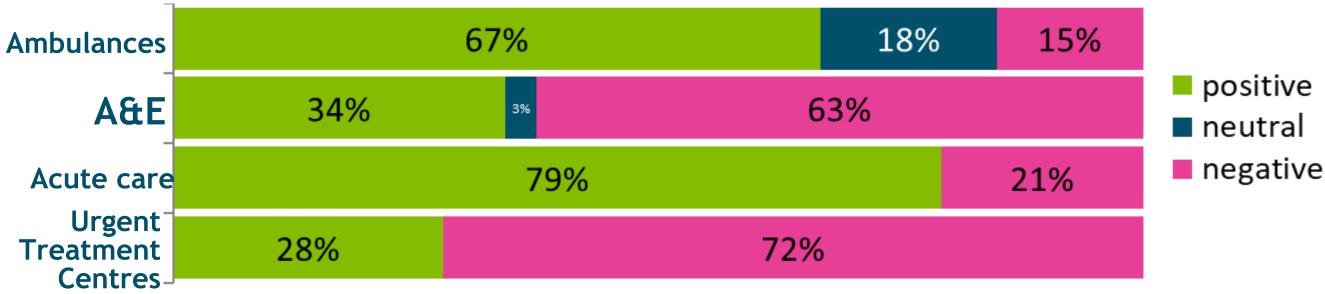


1085 comments 4054 issues Ambulances 279 comments 1878 issues









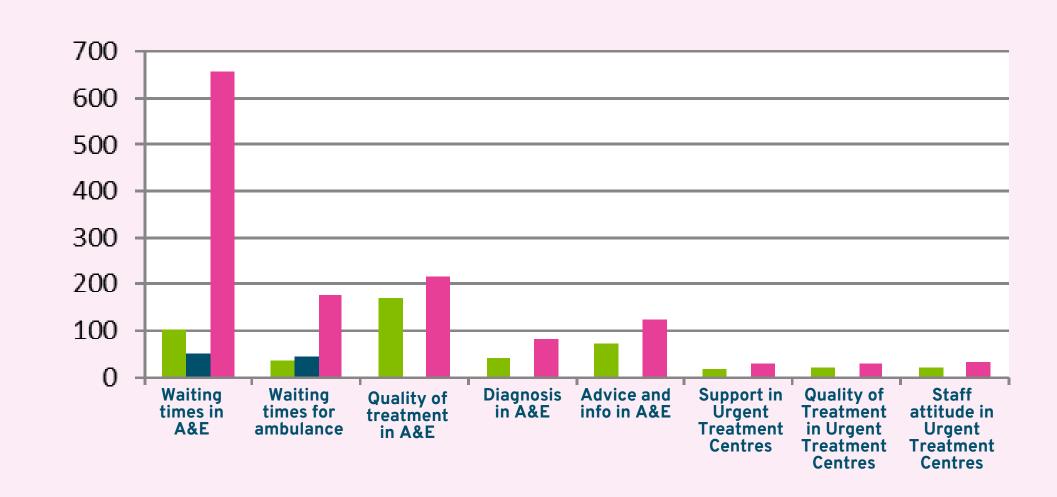
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### What works well

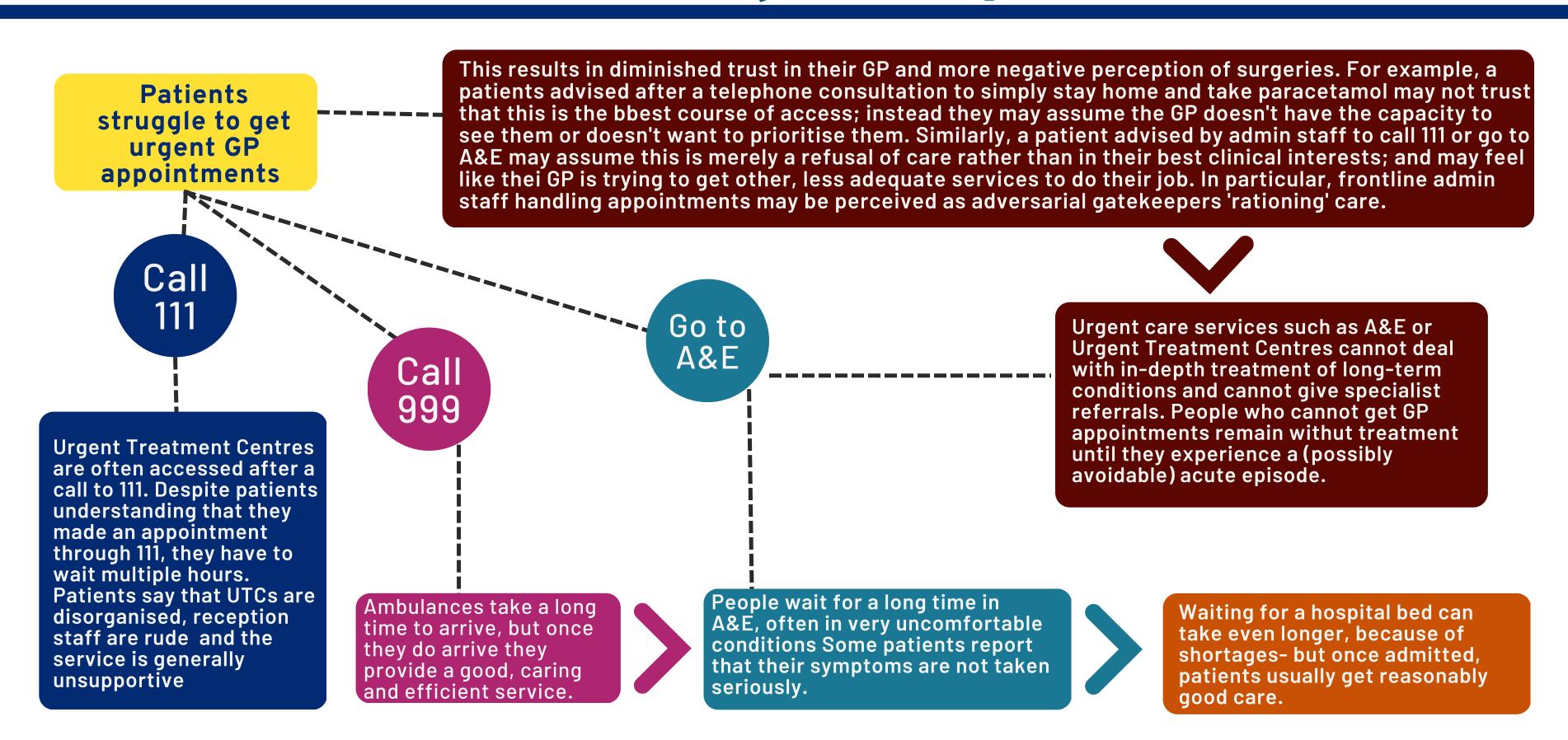
#### 250 200 150 100 50 Staff Quality of Staff **Quality of** Planning-Advice and attitudeambulance attitudeacute care info from ambulances acute care ambulance services ambulance wards staff staff

## What needs improvement



positive neutral negative

## Patient journeys



We analysed 127 comments, received between 2019-2022, from patients in Waltham Forest, Newham and Tower Hamlets who accessed urgent care after trying to make a GP appointment, or who expressed concerns that they need to access urgent care services for aspects of healthcare that should be within the remit of their GP instead.

patients ended-up calling 111 after trying to access GP care

\*Source for comments: 76% reviews on NHS Choices and Google, 24% local Healthwatch activities.

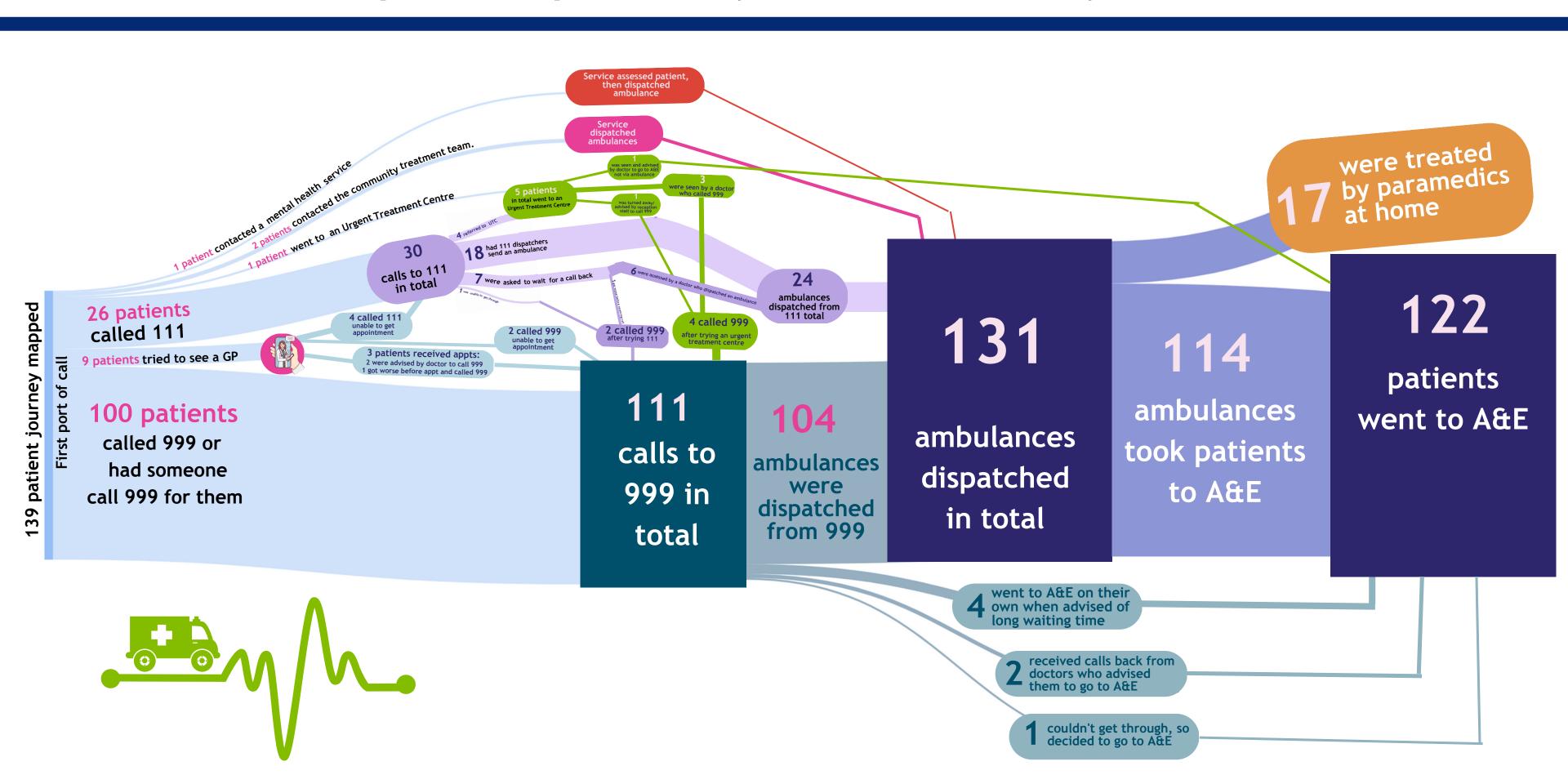
Description of the strain of the strain

Patients are conscious of wasting NHS resources if they turn up in A&E for issues that could be treated elsewhere; and feel that GPs are failing in their duty of care, or attempting to delegate their own jobs to A&E or NHS 111.

# The problems experienced by patients



## In 2023, we engaged with 139 people who accessed or tried to access ambulance services (City, Hackney, Havering, Newham, Redbridge, Waltham Forest)



### How can we make services more efficient?

### **Current situation**

In order to get same-day **GP appointments**, patients need to call the surgery early in the morning; this is the only way to be seen.

Phone lines are over-stretched and not all patients get appointments. Those who do not may be advised to **call 111** or **go to A&E**.

There are reports of patients being advised by 111 to call their GP and being passed back and forth. Some patients feel like GPs are trying to push their own triage work onto 111.

Some patients end-up in **A&E** with symptoms that could have been dealt with in an **Urgent Treatment Centre** or **GP Hub**.

**A&E** is overstretched, with long waiting times and negative impact on the quality of service.

**Urgent care services** can't provide longterm care or referrals; they end up passing patients back to GPs who keep signposting them back to urgent services.

### Opportunities for change

### **GP** surgeries

Consider how different patients could access services in different ways (e.g- some patients would be open to having online appointments, some to attend in-person appointments in a hub rather than their own surgery.



### Urgent treatment hubs

could handle primary care online and in-person appointments from GP surgeries on a same-day basis; they could take over some duties from GPs (issuing repeat prescriptions, giving referrals) while providing non-life threatening urgent care and reducing pressure on A&E.

Access to those should be possible in multiple ways (e.g phone or online booking, walk-in etc.)

We have analysed data from the NEL Extended Opening Hour survey to determine how different patients prefer to access primary care.



Only willing

to travel up

to 30 min

Specifically needs in-person appointment within their local area

48% of of respondents

#### Prefers to be seen in person

#### The in-person patient

Highly values in person appointments and is willing to travel for them

26% of respondents

#### The virtual patient

Seeks to avoid travelling to see a GP, but willing to have remote appts



#### Most flexible

Happy to have virtual appointments or to travel to a GP appointment

travel to a GP appointment travel 30+ min

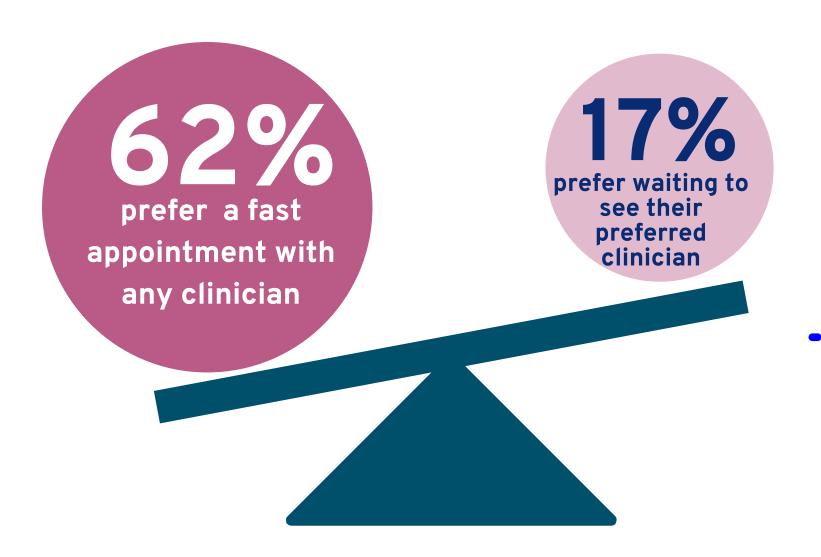
Willing to

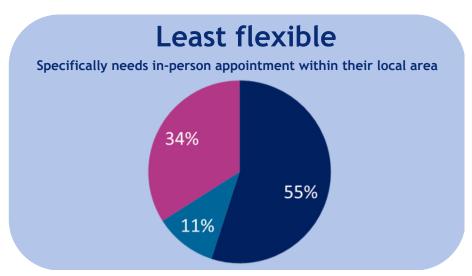
11% of respondents

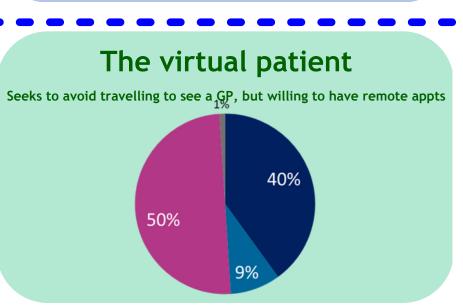
Prefers being seen remotely or doesn't mind

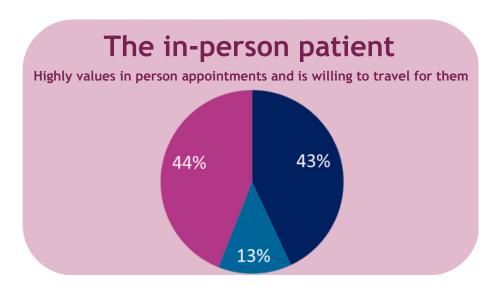
## We have analysed data from the NEL Extended Opening Hour survey to determine how different patients prefer to access primary care.

#### Preferred booking method











- Calling the practice
- Using a booking line
- Booking online

## Unblocking the nineline

